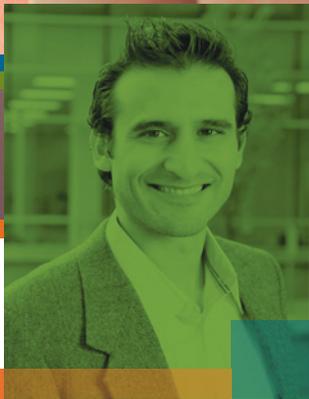


ADDICTION STUDIES

institute



August 6-8, 2008



Talbot Hall

The Greater Columbus Convention Center | Columbus, OH

The 2008 Addiction Studies Institute will build on the success of past programs that drew over 900 professionals each year by providing an array of dynamic educational choices for the chemical dependency counselor, social worker, prevention specialist, criminal justice professional, physician, marriage and family therapist, nurse, and other healthcare specialists.

WEDNESDAY, AUGUST 6, 2008

7:30AM	-	8:30AM	Institute Check-In/Continental Breakfast
8:30AM	-	11:45AM	Pre-Conference Concurrent Session A
11:45AM	-	1:15PM	Lunch (on your own)/Exhibits Open
12:15PM	-	1:15PM	12-Step Meeting
1:15PM	-	5:00PM	Concurrent Session A (cont'd)

THURSDAY, AUGUST 7, 2008

7:30AM	-	8:30AM	Institute Check-In/Continental Breakfast/Exhibits
8:30AM	-	10:30AM	Concurrent Session B
10:30AM	-	10:45AM	Break/Exhibits
10:45AM	-	Noon	Plenary Session — William Cope Moyers <i>On the 'Broken' Road of Recovery</i>
Noon	-	1:30PM	Lunch (on your own)/Exhibits
12:30PM	-	1:30PM	12-Step Meeting
1:30PM	-	3:00PM	Concurrent Session C
3:00PM	-	3:15PM	Break/Exhibits
3:15PM	-	5:00PM	Concurrent Session C (cont'd)

FRIDAY, AUGUST 8, 2008

7:30AM	-	8:30AM	Institute Check-In/Continental Breakfast/Exhibits
8:30AM	-	10:00AM	Plenary Session — James Prochaska, PhD <i>Helping Patients and Populations with Addictions at Each Stage of Change</i>
10:00AM	-	10:15AM	Break/Exhibits
10:15AM	-	12:15PM	Concurrent Session D
12:15PM	-	1:30PM	Lunch (on your own)/Exhibits
12:30PM	-	1:30PM	12-Step Meeting
1:30PM	-	3:45PM	Concurrent Session E

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Professional Credit

Ohio Chemical Dependency Professionals

Application has been made with the Ohio Chemical Dependency Professionals Board for Recognized Clock Hours (RCHs).

Licensed Teachers

A certificate of attendance will be provided in order to comply with your local professional development committee. A conference agenda and learner objectives can be found in the conference program.

Nursing

For information regarding nursing contact hours call Eleanor Garrison, 614.273.1400. The Ohio State University Medical Center Department of Nursing Education (OH-057/02-01-10) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Ohio Psychological

Application has been made for continuing education credit for psychologists through the Ohio Psychological Association.

Social Work/Professional Counselor/Marriage & Family Therapy

Application has been made for continuing professional education units for social workers, professional counselors and marriage & family therapists through the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board.

The maximum number of hours of credit that can be issued is 18.75 for individuals attending all three (3) days of the Institute. Credit is based on 100% attendance at sessions.

Academic Credit

Three (3) quarter hours of graduate and undergraduate academic credit are available through The Ohio State University College of Social Work. Academic course tuition and fees are required in addition to Institute registration fees. Receipt of academic credit requires attendance of 20.00 hours of course work and a written reaction paper after the Institute. The course is open to students who have current graduate or undergraduate standing. Course number is 6940; call number is #18434-8. For information, call 614.292.7684. Details will be sent to you once the request is received.

Graduate students from other institutions may enroll on a non-degree status through The Ohio State University Graduate School. Undergraduates from other universities should contact the above number for information on the process to be used.



Book Store

Hazelden will be managing the Institute Book Store and will provide participants with a variety of titles from which to select. Come prepared to purchase not only books and materials for yourself, but also for your agency/facility. Cash and credit cards will be accepted. The Institute Book Store will be open during exhibit hall hours and will be for registered participants only.



Exhibits

A variety of companies, suppliers, agencies, and treatment programs will be represented in the exhibit area. Plan now to allow time in your schedule to visit them.



Greater Columbus Convention Center photo by Dr. John Stang

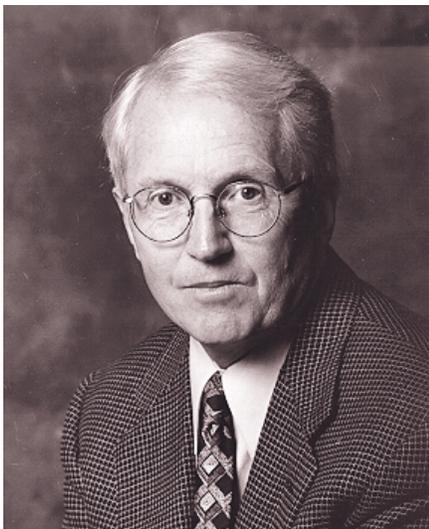
KEYNOTE SPEAKERS

**William Cope Moyers**

William Cope Moyers, “carries the message” about addiction and recovery into the public arena, especially to policy makers and civic groups across America. He uses his own experiences to highlight the power of addiction and the power of recovery. Before joining Hazelden in 1996, Moyers was an award-winning journalist for 15 years. He is also a noted author in the addiction field.

Wherever he goes, award winning author William C. Moyers meets people who struggle against the powerful grip of addiction and don't know who to talk to or where to turn. Ironically, recovery is a reality that too few of them know about, mainly because of the stigma perpetuated by shame and silence and indifference by those of us who know the solution in our personal or professional lives. Moyers' call to action to unmask this stigma is a powerful reminder that changing the terms of the debate for the next generation starts with each and every one of us.

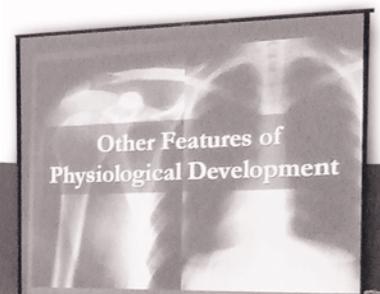
Mr. Moyers will present the Keynote Address, On The 'Broken' Road Of Recovery on Thursday, August 7, 2008

**James Prochaska, PhD**

James Prochaska is best known for developing, in conjunction with Carlo DiClemente, the Stages of Change Model (Transtheoretical Model) which has been an important innovation in matching therapeutic interventions to a person's readiness to change unhealthy and self-destructive behaviors. By identifying a patient's position in the change process, a therapist can appreciate barriers to change, help patients anticipate relapse, improve patient satisfaction and lower therapists' frustration. He is the author of over 300 publications, including three books: *Changing for Good*; *Systems of Psychotherapy*; and *The Transtheoretical Approach*.

Maximizing the impacts of treatments for patients and populations with addictions begins with understanding and assessing stages of change. Matching principles and processes of change to stages produces progress through the stages. Tailoring treatments to each of the change variables has produced unprecedented impacts on single and multiple problems in individual patients and populations. Practical procedures can reach, retain and help individuals who traditionally have been seen as unmotivated, non-compliant and resistant to treatment.

Dr. Prochaska will present the Keynote Address, Helping Patients And Populations With Addictions At Each Stage Of Change on Friday, August 8, 2008



FEATURED PRE-CONFERENCE SPEAKERS



William (Bill) Green, CSADC

Bill Green is the founding director of the African American Communiversal Project, which has trained participants on the issues of substance abuse in communities of color. Mr. Green is a nationally known speaker with over 27 years of experience in the addictions counseling field, and has served in many capacities of human health care. He was the coordinator of enrollment for *Access To Recovery*, a government funded program managed by DHS/DASA in Illinois. Mr. Green is the author of *Dysfunctional By Design: The Rebirth of Cultural Survivors* (1995).

Mr. Green will be presenting Session A5, Recovery Management In Communities Of Color on Wednesday, August 6, 2008 and Session E10, Sponsor, Recovery Coach, Addictions Counselor: The Importance Of Role Clarity And Role Integrity on Friday, August 8, 2008



Gerald Shulman, MA, MAC, FACATA

Gerald Shulman is a clinical psychologist, Master Addiction Counselor, Fellow of the American College of Addiction Treatment Administrators and Certified by the American Academy of Psychologists Treating Addiction. Mr. Shulman has authored over 90 published articles and assessment instruments. He provides training on a variety of topics including older adults with substance use and mental health disorders.

Mr. Shulman will be presenting Session A10, Assessment, Intervention, Referral & Treatment Of Substance Use Disorders In Older Adults & Baby Boomers, on Wednesday, August 6, 2008



George Viamontes, MD, PhD

Dr. Viamontes is the Regional Medical Director for United Behavioral Health, Inc. in St. Louis, MO. He is also an Assistant Clinical Professor in the Department of Psychiatry at the University of Missouri. He received his professional training at Washington University, St. Louis University School of Medicine and at the Sloan-Kettering Institute in New York.

Dr. Viamontes will be presenting Session A1, Neurobiology Of Addiction, on Wednesday, August 6, 2008



Fran Williams, MS, LMFT, LICSW, PsyD, LP

Dr. Fran Williams is a psychologist, educator, and clinician. She has trained and worked with individuals, families, and groups, specializing in post traumatic stress disorders, dissociative and personality disorders. Dr. Williams currently is a Senior clinician at the Hazelden Mental Health Center where she counsels patients with dual disorders and conducts trauma recovery and eating disorder groups. She serves on the faculty of the Graduate School of Addiction Studies at Hazelden.

Dr. Williams will be presenting Session A7, Borderline Personality Disorders & Addiction, on Wednesday, August 6, 2008

Concurrent Sessions

Choose from 57 concurrent sessions at this year's Institute. Participation in sessions is by pre-registration. Select your sessions including a second and third choice and submit with your registration. Sessions are filled on a first-come, first-served basis. Participants will be given admission tickets at the conference for the sessions they select. Available sessions are accurate at time of brochure printing, but could be altered before the Institute due to speaker illness or emergency.

While all sessions are part of the continuing education process, sessions that can be applied to specialized hours for Ohio Boards are designated by the following codes:

*Code

E Ethics

P Prevention

S Supervision



Wednesday, August 6, 2008
8:30AM – 5:00PM

Session – A1

Neurobiology Of Addiction *(Advanced Content Level)*

This presentation will review the neural targets for addictive drugs, as well as the neural circuitry that underlies the addictive process. The first part will review pertinent neurobiology, including the neuroanatomy of the nucleus accumbens and of prefrontal circuitry. The second part will detail how the behavioral phenomenon of addiction is a function of drug-induced changes in neural circuits. The initial phases of addiction are primarily driven by the increases in dopaminergic transmission that characterize the action of addictive drugs. As addiction progresses, adaptation in glutamatergic projections from the anterior cingulate and orbitofrontal cortices to the nucleus accumbens magnifies the impact of drug-related cues and makes it difficult for the prefrontal cortex to exert executive control over drug-related behavior.

George Viamontes, MD, PhD, Regional Medical Director for UBH, St. Louis, MO

Session – A2

*P

Operation: Street Smart

Operation: Street Smart provides current information on drug trends, terminology, paraphernalia, and physiological effects to those individuals who deal with youth on a daily basis. Over 25 different street drugs are covered with actual examples of each escorted throughout the audience for closer inspection by participants. Narcotics detectives with over 30 years combined undercover experience conduct this unique program.

Sergeant David Hunt, Franklin County Sheriff's Office, Columbus, OH

Session – A3

Motivational Interviewing In Addiction Treatment – An Evidence-Based Approach

We will begin with a review of approaches to addiction treatment from 1975 to present. This will be followed by an overview of Motivational Interviewing, outlining key concepts and processes. There will be numerous case examples (video) to demonstrate concepts. This portion will be followed by updates in motivational interviewing from 2002 to present including a review of evidence-based and best practice approaches.

Kenneth Yeager, PhD, LISW, ICDC, Department of Psychiatry, The Ohio State University, Columbus, OH

Session – A4

Sub-Cultures Within The Prisons: Lets Talk

Imagine a prison with inmates of several different cultures, ethnic backgrounds and a basic tendency toward a fear of the "different." Throw in a severe lack of privileges, a large portion of mistrust and hatred, now cook at 170 percent of design capacity, and top with hot and humid summer months. Even the best of communities would be hard pressed to exist in such an environment. Yet, we ask this of prison inmates every day. Come and lets reason together on this very interesting and hot topic.

Brad Beatty, LICDC, Ohio Department of Rehabilitation and Correction, Columbus, OH

Session – A5

Recovery Management In Communities Of Color

We will provide those who offer recovery support services a heightened awareness of the shifts in alcohol and other drug use in communities of color, challenges that arise when confronting related issues, and the need to provide an effective network of ongoing services when attempting to resolve the problems that exist in the various communities of color.

William (Bill) Green, CSADC, African American Communiternal Project and the Great Lakes ATTC, Chicago, IL

Session – A6

*E, S

9 Major Problem Areas Facing Mental Health/Substance Abuse Therapists – How To Avoid & Ethically Handle Them

This session will identify and address 9 major practice areas presenting the highest risk for licensure/ethic/malpractice complaints. Attendees will become familiar with laws and rules that impact those high risk areas. Ways to avoid problems will be discussed.

Glennon Karr, JD, Attorney in Private Practice, Columbus, OH

Session – A7**Borderline Personality Disorders & Addiction**

This session offers an in-depth examination of the etiology of Borderline Personality Disorder. Utilizing various art forms, (music, poetry, art), and didactic discussion, the etiology of BPD is considered from biological, neurocognitive, attachment, and psychodynamic perspectives. We will also examine current therapeutic approaches to treatment, coupled with discussion of common counter transference themes.

Fran Williams, MS, LICSE, LMFT, PsyD, LP, Hazelden Mental Health Centers, Center City, MN

Session – A8***S****Clinical Supervision: The Real World + Road Rules = The Real Rules**

In this You-tube, microwave, cell phone world; this do more with less place that we live, how can we make clinical supervision relevant? This session will focus on the realities of clinical supervision, such as: When do I have time to do it? How do you deal with whining staff? Is productivity the only measurement of counselor effectiveness? We will learn and share tips, tools, and tactics as well as our frustrations and aggravations of meeting this crucial requirement.

Pam Johnson, PCC, Kindred Spirits/The Counseling Center, Inc., Portsmouth, OH

Session – A9***P****Addiction 101**

For the newcomer in the field to the seasoned veteran, this session will present an overview of chemical addiction, treatment and recovery that is understandable and useful. Topics addressed will include the physiology of addiction, the addict's thought process, effects on the family, principles of early recovery, and evidence based treatment practices. We will even discuss squirrels.

Brad Lander, PhD, LICDC, Department of Addiction Medicine at Talbot Hall, The Ohio State University, Columbus, OH

Session – A10**Assessment, Intervention, Referral And Treatment Of Substance Use Disorders In Older Adults & Baby Boomers**

We will begin with a discussion of why we have paid little attention to the problem of substance use disorders among older adults in spite of the fact that they constitute a large and growing population who develop significant health, social and family problems for themselves and very significantly increase health care costs for everyone else. Discussion will include the problems of alcoholism and drug abuse (particularly prescription drugs) in older adults; decreased rather than increased tolerance among older adults; differences in sources of motivation to change between older adults and other adults; confusion of substance use disorders with other disorders usually associated with aging; the challenges of assessment in this population. Baby boomers present a different set of challenges from those who came before and these differences will be explored.

The session will describe six major problem areas when working with older adults with substance use and co-occurring mental health disorders: (1) identification; (2) diagnosis; (3) intervention; (4) comprehensive assessment; (5) intervention and referral; and (6) treatment. Each will be discussed in detail and solutions to these problems and recommendations for clinical programming will be offered.

The goal of the session is appropriate assessment, referral and treatment of the older and boomer substance abuser.

Gerald Shulman, MA, MAC, FACATA, Shulman & Associates, Training & Consulting in Behavioral Health, Jacksonville, FL

Session – A11**A Gestalt Approach To Working With Addiction In The Family**

An experiential session in which participants will receive an overview of how to use the Gestalt approach to treat addictions in the family. The session will feature a family sculpture that depicts the effects addiction has on every part of the family system, including the person using, the co-dependent, teens, and children. Art and play activities will also be demonstrated to help therapists engage children and teens in therapy, along with tips on how to set up a play room specifically for working with children of alcoholics/addicts (COAA's).

Hope Wilson, PCC, LICDC, Gestalt Associates, Columbus, OH

Thursday, August 7, 2008
8:30AM – 10:30AM

Session - B1***E****Legal And Ethical Update In Social Work, Counseling, And MFT**

The focus of the session is to update counselors and social workers on recent law changes, as well as to discuss the types of complaints the Ohio Counselor, Social Worker and Marriage and Family Therapist Board receives, their ethical implications, and resolutions. Case studies from actual investigations will be discussed.

William Hegarty, JD, Ohio CSWMFT Board, Columbus, OH

Session - B2**D.E.C.L.A.R.E.: A New Addiction Therapy Model**

The DECLARE Model is an acronym representing seven stages of change for viewing the problems and issues of the substance abuser: Denial, Esteem, Confusion, Loss of Significant Resources, Acceptance, Resolution and Entry. The DECLARE Model meets the needs of individuals with substance related disorders and those with co-occurring emotional and behavioral problems. The model provides the clinician with a therapeutic approach that permits the clinician to use this method with his or her own flexible approach within a biopsychosocial framework. The model incorporates aspects of Motivational Interviewing and Stages of Change.

Taylor Purcell, EdD, LICDC, LPCC, University of Cincinnati, Cincinnati, OH

Session – B3**Deaf Off Drugs And Alcohol: New Approaches For Serving Persons Who Are Deaf**

Ever wondered why you see so few persons who are deaf in alcohol and drug treatment? One of the reasons is that persons who are deaf must face many obstacles in treatment, and the entire process is not always comprehensible for someone who is coming to treatment from a background in the deaf community. This session will review the challenges faced by deaf persons who are referred to SUD treatment. It also will cover the basics of how to create appropriate accommodations for deaf individuals, and it will review a special state-wide program run by WSU that is now available to assist local treatment providers when serving persons who are deaf. This presentation will include very practical information on how to locate qualified interpreters, enhance treatment via video conferencing and video phones, and assure that persons who are deaf receive a culturally relevant treatment experience.

Darlene Zangara, MA, LPC, CSD of Ohio, Columbus, OH and Susan Fraker, NAD IV, RID CI, CT, OCPS, RA, Wright State University, Dayton, OH

Concurrent Sessions

Thursday, August 7, 2008
8:30AM – 10:30AM
(continued)

Session - B4

Suicide Prevention And Its Connection To AOD Use/Abuse

Each year Ohio experiences the loss of approximately 1,200 citizens by suicide. Most of these are preventable deaths, if someone recognizes the warning signs and takes action.

The use of alcohol and/or drugs is the second highest risk factor for suicide completion. 70% of youth who make a suicide attempt are frequent users of alcohol and/or other drugs. The shared risk factors of suicide and drug and/or other drug use will be discussed as well as factual information on suicide warning signs.

Cheryl Holton, Ohio Suicide Prevention Foundation, Columbus, OH

Session - B5

Sexual Offending vs. Sexual Addiction: Perpetrator Or Addict?

We will examine the similarities and differences of sexual addiction and sexual offending behaviors. An understanding of these behaviors, as well as the client's intent, have clinical implications for assessment and treatment strategies. Knowledge of how these two behaviors overlap is essential in the process of reducing acting-out and offending behaviors.

Chris Tuell, EdD, LPCC, University of Cincinnati, Cincinnati, OH

Session - B6

Addiction And Grace: Spirituality & Recovery

We will discuss the use of love and spirituality in the spiritual healing of addictions including: the role of spirituality in the healing process; the effects of addiction on our desires and how it binds and enslaves the energy of those desires; how "spiritual grace" can be part of the healing process; how "true spirituality" may mean taking new risks; and how true spiritual recovery takes honesty, dignity, community, responsibility and simplicity.

William Riley, MA, PhD, LPCC, LICDC, LSW, MAC, Urbana University, Springfield, OH

Session - B7

Update On Ohio Certification

This session will thoroughly discuss the upcoming elimination of the CCDC I certification in Ohio and steps these professionals will need to take to advance their credentialing status or convert to the CDCA. Additionally, we will review application processes and discuss recent changes to the examination requirements for licensure. This session will benefit CCDC I professionals, supervisors, and individuals who wish to apply for licensure or advance to a higher level of licensure.

Amanda Ferguson, Ohio Chemical Dependency Professionals Board, Columbus, OH

Session - B8

Preventing Relapse: Exploring A Self-Awareness Continuum

We will provide an overview of a Self-Awareness Continuum and how different stages of awareness impact recovery. In addition, we will explore grounding strategies to prevent relapse during the process of identifying trigger beliefs and emotional themes.

Erin McHam, MA, LPCC, Professional Clinical Counselor, Columbus, OH

Session - B9

Learning Your Needs In Cultural Competence

The MACC report, "Learning Your Needs: Cultural Competence Needs Assessment" summarizes results of a statewide needs assessment process. In the study, MACC investigated: how well "cultural competence" is understood by consumers and providers; what cultural competence efforts are underway; how the behavioral health system can better meet the needs of diverse consumers; the range of assessment tools available; what assistance is needed by local providers/systems in providing more culturally competent services; and the role MACC, ODMH and other systems should play in supporting cultural competence as a statewide best practice.

Charletta Tavares, Multiethnic Advocates for Cultural Competence, Columbus, OH

Session - B10

Alcoholism: Recognition, Treatment And Referral

This session has been designed especially for nurses and other health care professionals. The session content explores the disease of alcoholism, which is chronic, progressive and fatal. A review of DSM-IV criteria, neurochemistry of addiction, tolerance, risk factors and a continuum of withdrawal symptoms and various complications of this disease will be explored as the disease progresses. Various assessment tools and diagnostic clues for assessment, treatment protocols and referral will be discussed.

Deborah Hoy, RN, MSN, CNS, Department of Addiction Medicine at Talbot Hall, The Ohio State University, Columbus, OH

Session - B11

The High Cost Of Failure To Treat

Participants will discuss the true cost of failure to treat chemical dependency not only in terms of lost productivity, but the hidden cost of treating a wide range of medical disorders driven by chemical dependency.

Dennis Ehrie, JD, University Hospital East, Columbus, OH

Session - B12

Understanding Post Traumatic Stress Disorder: Looking Into The Basics For The Returning Combat Veteran

We will examine PTSD including the difference between PTSD and readjustment issues in combat veterans; the effects on family; normalizing and early intervention; options for treatment; resources; and how substances could be used in an attempt to reduce symptoms and cope with experiences.

David Roby, LISW, The Department of Veteran Affairs, Cincinnati VAMC, Cincinnati, OH

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Thursday, August 7, 2008
1:30PM – 5:00PM

Session - C1

Pain Issues In Addiction And Recovery

Addiction and pain issues are being faced more and more often by treatment programs. These issues include, assessing clients with pain problems to evaluate for possible addiction, treatment planning for patients with both pain and addiction, consultation with Pain Programs on their patients, detoxification of chronic pain patients, and considerations of long term Opioid Maintenance Therapy for affected patients. This session will address these and related issues.

Ted Parran, MD, Case Western Reserve University School of Medicine, Cleveland, OH

Session - C2

*E, S

Confidentiality And The Duty To Warn: What Could Be Malpractice

"Privilege ends where public peril begins" Participants will learn where the confidentiality laws come from and what is meant to be protected. Malpractice will be defined for the counseling professional and an appreciation of the impact of Tarasoff as it relates to the counselors duty to protect and duty to warn.

James Columbro, JD, LICDC, SAP, Columbro Consultation Services, Westlake, OH

Session - C3

Fetal Alcohol Spectrum Disorders: Recognition And Response

Fetal Alcohol Spectrum Disorders is the leading preventable cause of mental retardation. This session will discuss the teratogenic effects of alcohol, a depressant, causing irreversible damage to the developing fetus. Learn what you can do to prevent and how to intervene with children and their families that suffer from this birth defect.

Kathy Paxton, MS, OSU Center For Learning Excellence, Columbus, OH

Session - C4

Addiction Management Through Ayurveda

Ayurveda (Science of Life) originated in the ancient Vedic times of India. This comprehensive health care system addresses mind, physiology, behavior, and environment. Ayurvedic technologies working at different levels of the being can eradicate and overcome addictions. The technologies for expansion of consciousness, balancing energies, and detoxification processes will be discussed.

Hari Sharma, MD, DABP, FRCPC, DABHM, The Ohio State University, Columbus, OH

Session - C5

Substances Of Abuse And Their Actions: The Basics Of Biology Behavioral Effects

The presentation is intended to provide an understanding of the biological mechanisms underlying substance use disorders. For each of the eleven DSM-IV defined classes of substances, the mechanisms of action, trade and street names, behavioral effects, and immediate and long term consequences of use will be described.

Joe Gay, PhD, LICDC, Health Recovery Services, Athens, OH

Session - C6

It's Not About The Money: Problem And Compulsive Gambling

We will discuss clinical issues related to working with compulsive gamblers. Participants will learn about the types and stages of gamblers, phases of gambling, the impact of compulsive gambling, screening and assessment tools, and specific treatment planning and intervention issues.

Pam Hillyard, MS, LCPC, CMADC, PCGC, ICCGC and Libby Smith, CADC, Illinois Institute for Addiction Recovery at Proctor Hospital, Peoria, IL

Session - C7

Substance Abuse Treatment For LGBT Persons At Risk For/Living With HIV/AIDS

Annually 40,000+ Americans become infected with HIV, one-third of whom will be co-infected with viral hepatitis. Only a small proportion of these heterosexual and homosexual substance abusing individuals at risk for transmission of these diseases will receive appropriate prevention and intervention services representing a concern of near epidemic proportion. We will discuss prevention and intervention plans based on a national model.

Stormie Goins-Maneval, LICDC, MS, LSW, and Kevin Drummond, BA, LSW, Stop AIDS, Inc., Cincinnati, OH

Session - C8

Successful Treatment Outcomes Using Motivational Incentives

Motivational Incentives, often referred to as Contingency Management is an Evidence Based Practice with a generous practicality for the addictions field. Motivational incentives have been shown to increase client participation, attendance, and positive treatment outcomes. What's more, it increases the staff enthusiasm as well. Participants will: 1) Be aware of 30 years worth of research inclusive of NIDA-MIEDAR studies that focus on 'low' cost incentives; 2) Identify 7 core principals; 3) Identify tools/protocols effective in delivery of the EBP; 4) Discuss 'fishbowl' method; 5) Discuss why incentives are likely to impact behavior change.

John Ellis, LISW, LICDC, Alcohol and Drug Addiction Services Board of Lorain County, Lorain, OH

Session - C9

Stage Wise Treatment For People With Co-Occurring Substance And Mental Disorders (Advanced Content Level)

This session will provide an opportunity for practical skill development in identifying client stages of treatment and applying stage appropriate interventions through the use of case vignettes for people with co-occurring substance abuse and mental disorders. Participants will work in small groups and based on case vignettes will determine the stage of treatment. After determining the stage of treatment, participants will identify stage appropriate treatment interventions. An emphasis will be placed on participants supporting the rationale they used to determine stage of treatment and treatment.

Scott Gerhard, MA, LSW, Case Western Reserve University, Cleveland, OH

Session - C10

READY, WILLING, & ABLE: Experiential Methods For Enhancing Motivation In Adolescent Felons

Motivating and engaging adolescent substance abusing felons can be a daunting task! This session will explore experiential group methods that compliment motivational enhancement strategies for assisting adolescent felons in becoming ready, willing, and able to engage in the process of productive change.

Guy Taylor, PhD, LCDCCIII, Hocking College, Athens, OH

Concurrent Sessions

Thursday, August 7, 2008
1:30PM – 5:00PM
(continued)

Session – C11

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Family Systems And The Dually Diagnosed African-American Client

Do you often wonder why your African American client doesn't seem to improve despite all the individual therapy you give them? Do you wonder why they refuse to accept a diagnosis of chemical dependency or mental illness more so than other clients on your case load? This session will explore the myths and stigma surrounding the dual diagnosis of African Americans. The impact of the family system on the African American client will be explored. Factors that clinicians should consider before they begin assessment and treatment will be reviewed. Assessment and treatment of the individual in the family context will be reviewed. Session participants will have an opportunity to use assessment tools. Case examples will be provided.

Gizelle Jones-Williams, MSW, LISW, Jewish Family Service, Akron, OH

Session - C12

*S

Measuring And Improving Fidelity To Evidence-Based Practices: Our Obligation To Effective Service Delivery

(Advanced Content Level)

Many programs allocate a great deal of resources to implementing evidence-based practices (EBP's) in order to improve client outcomes. Selection of an EBP does not guarantee positive outcomes. Agencies also need an infrastructure to assess, monitor, and insure fidelity to EBP's. This is critical given research demonstrating a relationship between fidelity and client outcomes. Consequently, this presentation reviews the fidelity literature and provides examples of strategies to monitor and improve fidelity to EBP's.

Kimberly Sperber, PhD, Talbert House, Cincinnati, OH

Friday, August 8, 2008
10:15AM – 12:15PM

Session – D1

Tobacco Cessation For People With Co-Occurring Substance Abuse And Mental Disorders: Making The Case For A Stage-Wise Model

Use of tobacco products is the leading cause of premature death for people with substance use disorders and other psychiatric disorders yet typically ignored in most treatment settings. Continued use of tobacco products increases the risk for relapse into use of other substances. A stage-wise approach to motivate and change behaviors related to tobacco use is now being tested in Ohio's community provider and state hospital systems.

Jeremy Evenden, MSSA, LISW, Case Western Reserve University, Cleveland, OH

Session – D2

Trauma And Addictions: The Path To Long Term Recovery And Personal Growth

This presentation provides clinicians with an understanding of how to integrate trauma recovery into addictions treatment. Often trauma is ignored in addictions treatment, which ultimately becomes a relapse issue as trauma and addiction are so closely related. We will explain the link between trauma and addictions treatment and provide intervention strategies for lasting recovery.

Elizabeth Bach-Van Valkneburgh, LISW, CNM, Cleveland Rape Crisis Center and Susan Knope, LISW, Women's Center of Greater Cleveland, Cleveland, OH

Session – D3

Understanding Addiction: Neurobiology And The Addiction Recovery Process

Participants will explore the neurobiology of addiction, how it impacts the psychological dynamics of addiction and the role neurobiology plays in the addiction recovery process.

Annette Franks, MEd, LPC, Counselor/ Motivational Speaker, Columbus, OH

Session – D4

The Cycle Of Anger And Addiction – Part I

Note: This is a two-part presentation. Participants must attend both D4 and E4 to obtain continuing education credit.

We will survey the relationship between anger expression and addictive thinking and behaviors. Four basic types of anger expression and their specific characteristics will be discussed. An intervention strategy for breaking the cycle of anger and addictive behaviors will be presented.

Henry Griffin, Jr., MSEd, LICDC, CADC, Bethesda Ministries, Elizabethtown, KY

Session – D5

Mindfulness Therapy: Fad Or Scientific Breakthrough?

"Mindfulness Therapy" brings together ancient healing practices of mindfulness meditation and modern cognitive therapy. This presentation will objectively survey the rise in this blending of these two approaches. It will discuss the current research being conducted on "mindfulness" in the treatment of substance abuse and addictive disorders. There will also be a brief introduction in some of the techniques involved in becoming more "mindful."

DoHee Kim-Appel, PhD, PC, LIMFT, Firelands Counseling and Recovery, Tiffin, OH and Jonathan Appel, PhD, LPCC, LIMFT, LICDC, Tiffin University, Tiffin, OH

Session – D6

Understanding Complementary Approaches To Wellness In Mind/Body/Spirit

Persons seeking help for addictions can benefit from their counselors having an understanding of Complementary and Alternative Medicine (CAM). This session will provide an overview of CAM from the National Institute of Health and of approaches which may be of value for addiction treatment and recovery.

JoAnne Scullin, LICDC, CHTP, Self-Employed, Westlake, OH

Session – D7**Springs, Strings And The Stuff Of Life: Using Beliefs, Traditions And Values In Constructing Personal Myths For Healing And Recovery**

Personal, familial and communal myths, rites and meaning are the stuff out of which healing and recovery emerge. The development of a personal healing myth is a significant component in the process of recovery. How healing narratives are used by individuals and communities is of particular interest to persons recovering from addiction as the core of the most effective therapeutic modalities and ongoing support groups is shared story. This presentation will focus on the role of myth and ritual in the creation of narratives that structure experience in a meaningful way to support health. How therapists can integrate the insights of narrative therapy, contemporary literary theory and storytelling will be reviewed.

Bradford Price, PhD, LICDC, Glenbeigh Hospital, Stow, OH

Session – D8**The Great Escape: Women And Compulsive Gambling**

This session will examine the unique features of the female escape gambler and discuss treatment strategies to address special needs. Participants will investigate what women seek and receive when gambling, and discuss current trends specific to female gamblers. Co-morbidity inherent with female escape gamblers will also be discussed and evaluated.

Libby Smith, CADC, Illinois Institute for Addiction Recovery at Proctor Hospital, Peoria, IL

Session – D9**Inhalants: So Cheap, So Easy, So Deadly**

Adults are becoming aware of the extensive abuse of inhalants by children. We will discuss what products kids are inhaling; how they are inhaling; as well as the signs and symptoms of inhalant abuse.

Wally Waldbauer, MEd, OCPSII, Geauga County Educational Service Center, Chardon, OH and George Willis, MEd, Lake County Narcotics Agency, Painesville, OH

P*Session – D10****Integrative Nutrition For The Recovering Person**

Nutrition is a key component to a successful recovery program. This session will empower participants with the latest in evidence-based nutritional concepts for the recovering person. Presented by the Medical Director of the OSU Center for Integrative Medicine it will also include tips for healthy lifestyle and Integrative Medicine concepts for prevention and treatment of diseases commonly associated with addictions.

Glen Aukerman, MD, DABHM, Center for Integrative Medicine, The Ohio State University, Columbus, OH

Session – D11**Opiate Addiction – Treatment With Suboxone**

Participants will review opiate misuse treatment options with a focus on Suboxone, the dynamics of a maintenance clinic and the complexities of treating opiate addiction.

Trupti Patel, MD, Department of Addiction Medicine at Talbot Hall, The Ohio State University, Columbus, OH

Session – D12**Diagnosis Of Chemical Dependencies**

Physicians, nurses, counselors, therapists, social workers, and others involved in the treatment of medical and behavioral disorders should be thoroughly familiar with the diagnostic criteria for substance use disorders. This lecture reviews the DSM-IV criteria for diagnosis, as well as screening tests and biomarkers which should be employed to confirm or exclude chemical dependencies.

Richard Whitney, MD, Shepherd Hill, Newark, OH

*Friday, August 8, 2008
1:30PM – 3:45PM*

Session – E1**Overview Of Integrated Dual Disorder Treatment: An Evidence Based Practice For People With Co-Occurring Disorders**

IDDT is unique because it integrates substance abuse services with mental health services. Research has shown that IDDT's unique integrated approach reduces relapse, duplication of services and costs, and improves continuity of care. IDDT promotes ongoing recovery from mental illness and substance abuse addiction through a stage-wise model that incorporates a long-term perspective.

Scott Gerhard, MA, LSW, SAMI CCOE/Case Western Reserve University, Cleveland, OH

Session – E2**Integrating Mind And Body: Expressive Arts Therapies In Recovery**

Recovering people can experience intense emotional and physical states during different phases of recovery, leading to a sense of disconnection between mind and body. In this session participants will learn and experience expressive arts techniques for integrating mind and body in a creative manner. Participants will also gain an understanding of how Expressive Arts Therapies can be included as part of a comprehensive approach to recovery in any setting. Expressive Arts Therapies are categorized by NCCAM (National Centers for Complementary/Alternative Medicine, part of the NIH) under the category of Mind-Body Medicine.

Laura Kunze, MAET, ATR-BC, LCDCI, Center for Integrative Medicine, The Ohio State University, Columbus, OH

Session – E3**Repeated Relapses: Addressing The Connection Between Sexual Addiction And Drug Addiction**

Chronic drug relapses, particularly those involving cocaine and methamphetamine addiction, is a major problem. But in many cases, the etiology of the relapse is an undiagnosed co-morbid sexual addiction. This session will give the participant an understanding of sexual addiction, its interaction with drug addiction and keys to successful treatment.

Mark Levine, LCDC-III, Joseph House, Inc., Cincinnati, OH

Concurrent Sessions

Friday, August 8, 2008
1:30PM – 3:45PM
(continued)

Session – E4

The Cycle Of Anger And Addiction – Part II

Continuation of Session D4. Participants must attend both D4 and E4 to obtain continuing education credit.

Henry Griffin, Jr., MSEd, LICDC, CADC, Bethesda Ministries, Elizabethtown, KY

Session – E5

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Drug Update 2008 – Where Have The Years Taken Us?

We will provide information on some of the newer, not so heard of drugs (yet) and their effects. Dextromethorphan, Salvia Divinorum, Jimsonweed, Heroin, Inhalants like Duster, Tetrahydrozoline....have you heard of these? Do you know what they do? Surely some of these drugs are familiar to adults, but more of them are known to kids. Come and be the first adult on your block to have the 'real scoop' on what's available and influencing our youth.

George Willis, MEd, OCLEO, Lake County Narcotics Agency, Painesville, OH

Session – E6

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Good Fences Make Good Neighbors: The Ethical Foundation Of Professional Relationship

Ethic principles and how professionals apply them is a critical aspect of any practice. The particular characteristics defining 'profession' and 'professional' influence the nature and dynamics of the professional relationship significantly. This presentation explores the fundamental components of these issues, their background and contemporary expression. The development of appropriate professional boundaries will also be addressed including a consideration of how the particular dynamics of chemical and co-dependency affect these relationships.

Bradford Price, PhD, LICDC, Glenbeigh Hospital, Stow, OH

Session – E7

Hope For The Chemically Dependent Smoker: Treating The Most Deadly Drug – Nicotine

Treating smokers with alcohol and other drug addiction is a challenge, which some may be reluctant to address. This session will stress the need and importance of treating nicotine dependence in this population and explore the barriers/myths, as well as staff expectations and resistance. Motivational techniques, effective treatment strategies, including new pharmacological interventions, with the efficacy and contraindications for their use, will be addressed.

Linda Bodie, PsyD, LICDC, Veterans Affairs Medical Center, Cincinnati, OH

Session – E8

Appropriate Use Of Medications In Recovery

Participants will discuss the major classes of drugs and identify members of each class of OTC and Rx medications which may trigger relapse in recovering individuals

Richard Whitney, MD, Shepherd Hill, Newark, OH

Session – E9

Mental Health, Substance Abuse And HIV: An Integrated Approach

HIV/AIDS has changed for many from a life-threatening illness to a chronic illness with a broad range of biopsychosocial-spiritual issues. This

session intends to increase the ability to more effectively serve clients by exploring the commonalities of mental illness, substance abuse and HIV disease; by identifying their impact on treatment modalities and efficacy; and, by exploring professional and personal issues in identifying and effectively working with substance using clients with HIV/AIDS and related mental health issues.

Bonnie Baris, LISW-S, The Woodlands, Inc., Newark, OH

Session – E10

Sponsor, Recovery Coach, Addictions Counselor: The Importance Of Role Clarity And Role Integrity

This session is intended to enhance the understanding of the new recovery support roles by comparing and contrasting the three service roles of the sponsor, the recovery coach, and the addictions counselor

William (Bill) Green, CSADC, African American Communiternal Project and the Great Lakes ATTC, Chicago, IL



Lodging

For those in need of lodging, the hotels listed below have been selected for Institute use and will offer discounted rates to participants.

Hotel	Reservation Code	Single	Double	Triple	Quad	Information
Crowne Plaza Hotel 33 E. Nationwide Blvd. Columbus, OH 43215 Phone: 614.461.4100	The Ohio State University Addiction Studies Institute	\$135.00	\$135.00	\$135.00	\$135.00	<ul style="list-style-type: none"> • Private parking garage • Over-the-street connector to Convention Center • One block from Convention Center • Reservation cut-off date is June 24, 2008
Drury Inn and Suites 88 E. Nationwide Blvd. Columbus, OH 43214 Phone: 614.221.7008	#2013259	\$80.00	\$90.00	\$100.00	\$110.00	<ul style="list-style-type: none"> • Private parking garage, \$12.00 per day • Indoor connection to the Convention Center • Reservation cut-off date is July 20, 2008
Red Roof Inn Columbus Downtown 111 E. Nationwide Blvd. Columbus, OH 43215 Phone: 614.224.653 800.RED.ROOF	B2620DAD08	\$75.00	\$75.00	\$75.00	\$75.00	<ul style="list-style-type: none"> • Parking lot \$12.00 per day • Complimentary continental breakfast • Two blocks from Convention Center • Reservation cut-off date is July 14, 2008
Hampton Inn & Suites 501 N. High St. Columbus, OH 43215 Phone: 614.559.2000 <i>Note: Very Limited Reservations Available</i>	ASI	\$110.00	\$120.00	\$120.00	\$120.00	<ul style="list-style-type: none"> • Valet parking garage, \$21.00 per day • Complimentary continental breakfast • Directly across street from Convention Center • Reservation cut-off date is July 7, 2008
DoubleTree Guest Suites Columbus 50 S. Front St. Columbus, OH 43215 Phone: 614.228.4600 800.222.TREE	Addiction Studies Institute	\$80.00 (per suite)	\$80.00 (per suite)	\$80.00 (per suite)	\$80.00 (per suite)	<ul style="list-style-type: none"> • Parking garage, \$18.00 per night • Suite Hotel • Eight blocks from Convention Center • If you are using an agency credit card/check and expect tax exempt status you must bring a signed tax exempt form with you and present at check-in • Reservation cut-off date is July 6, 2008

Each hotel will accept reservations until the cut-off date listed above with each hotel, or until the room block is filled, whichever comes first. The tax rate for hotel rooms in Columbus is 16.75%. If you plan to claim a tax exempt status for the state sales tax portion of your bill please present a signed tax exempt form to the hotel either upon check-in or check-out.

Columbus – An Exciting City

Live for variety? We've built an entire city around it. You see, as a patchwork of communities, each with its own district character and offerings, our style changes with a 15-minute walk. You can sample the historic, the artsy, the sports-oriented, and the high fashion, all in one very manageable, friendly Midwestern city. Check us out at www.ExperienceColumbus.com to view local activities and attractions. We'll give you a taste of local color, Columbus Style.



www.ExperienceColumbus.com

Addiction Studies Institute

August 6-8, 2008
Greater Columbus Convention Center, Columbus, OH

To register online go to:
www.garrisonevents.com
and click *online registration*



Payment Information

Early Registration Ends July 7, 2008 * Final Registration Deadline July 23, 2008

Payment

Registrations will not be processed until payment is received

Checks should be made payable to:
Garrison and Associates, Inc. and post-marked no later than July 23, 2008.

We will accept VISA and MasterCard

Purchase Orders

Individuals/agencies utilizing a purchase order must include an original copy of the order made payable to **Garrison and Associates, Inc.**, with a signature, PO Number, and billing address in order to be processed. The issuance of a purchase order to secure a registration slot is an obligation for payment whether the participant attends, cancels, or is absent from the conference.

Purchase orders should be mailed with registration form to **Garrison and Associates, Inc.** or faxed to 614.273.1401.

Registration fee includes admission to educational sessions, materials, continuing education credit, continental breakfast & breaks, and the Exhibit Area. Admission to all sessions will be by pre-registration tickets.

3 Ways To Register

Telephone registrations WILL NOT be accepted. Questions? Call Garrison and Associates, Inc. at 614.273.1400 or email asi@garrisonevents.com

Internet

<http://www.garrisonevents.com>

Click online registration to pay with VISA or MasterCard



Fax

If paying by Purchase Order fax your registration form and a signed PO including number and billing address to 614.273.1401



Mail Check and/or Purchase Order to:

Addiction Studies Institute c/o
Garrison and Associates, Inc.
4701 Olentangy River Road
Suite 201
Columbus, OH 43214



Special Information

Accessibility

The Greater Columbus Convention Center is in compliance with the Americans with Disabilities Act. The Ohio State University honors reasonable requests for special services as defined by the Americans with Disabilities Act. Requests must be submitted in writing stating the specific need with the registration form by July 7, 2008.

Badges

Badges are required to be worn at all times to gain admittance to conference sessions and activities including the Exhibit Area.

Cancellations

Cancellations will be accepted in writing only until July 23, 2008. Refunds will reflect a 30% cancellation fee. After July 23, 2008 refunds will not be issued for any reason. All cancellations should be sent to: Garrison and Associates, Inc., 4701 Olentangy River Road, Suite 201, Columbus, OH 43214. Purchase orders will be billed whether participants attend or not.

Cell Phone Policy

In order to provide a positive learning environment for participants and as a

courtesy to speakers, all cellular and paging devices will need to be set on the silent mode or turned off during the Institute. Participants are more than welcome to use such devices during breaks.

Confirmation of Registration

Confirmation letters with directions to the Greater Columbus Convention Center will be sent to all participants whose registrations are postmarked by July 23, 2008.

Emergency/Safety

Should an emergency arise during the course of the Institute, we will utilize the approved plan in place at the Greater Columbus Convention Center for security, evacuation and medical purposes.

In compliance with fire code regulations set forth by the Columbus Division of Fire, overflow seating on the floor or in the aisles of meeting rooms or hallways is not permitted.

Food

Institute participants can utilize restaurants available within a short walking distance of the Convention Center. These include a food court on the lower level of the Columbus

Convention Center and numerous other restaurants representing a variety of foods. A continental breakfast will be provided each morning of the Institute as well as beverage breaks.

Location

Greater Columbus Convention Center
400 North High Street
Columbus, OH 43215
614.827.2500

No Smoking

The Greater Columbus Convention Center is a smoke-free facility as are all public facilities in the State of Ohio.

Solicitation

Non-exhibitors soliciting business in the Convention Center including the Exhibit Area without contractual authorization will be removed from the Convention Center and their registration will be forfeited.

Questions? Contact

Garrison and Associates, Inc.
4701 Olentangy River Road, Suite 201
Columbus, OH 43214
Phone: 614.273.1400
Fax: 614.273.1401
Email: asi@garrisonevents.com

Parking

1. Columbus Convention Center East Surface Lot
2. Columbus Convention Center South Garage
3. Columbus Convention Center West Garage
4. Columbus Convention Center North Surface Lot
5. Nationwide Parking Surface Lot
6. Nationwide Parking Garage Front St.
7. Nationwide Parking Surface Lot
8. Nationwide Parking Garage Chestnut St.
9. Boggs Park and Ride Surface Lot
10. Arena Parking Garage
11. Bargain Parking Lots

Directions to the Greater Columbus Convention Center

From Cleveland:
I-71 South to 670 West "109-A", Exit "4-B" to the Convention Center or 71 South to Spring St. Exit; West on Spring St. to Fourth St.; North on Fourth St. to Nationwide Blvd.

From Indianapolis:
70 East to Fourth St. Exit; North on Fourth St. to Nationwide Blvd.

From Wheeling:
I-70 West to Fourth St. Exit; North on Fourth St. to Nationwide Blvd.

From Cincinnati:
I-71 North to 70 East to Fourth St. Exit; North on Fourth St. to Nationwide Blvd.



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